my *Fulfilling* life

2020 Reflection

1. Some of my favorite experiences this year were…

2. My most important achievement of the year…

3. The biggest challenge I overcame this year was…

4. A mistake I made—and the lesson learned from it—was…

5. One thing I learned about myself this year…

6. One thing I learned about other people this year…

7. One new positive habit I adopted this year…

8. One old habit I stopped this year…

9. The kindest thing someone did for me this year was…

10. The kindest thing I did for someone else this year was…

11. I am most grateful this year for…

12. Three words that sum up this year…

13. If I could go back to the beginning of the year, I would give myself this advice…

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